

**Walking On Custard & The Meaning Of Life: A Guide  
For Anxious Humans By Neil Hughes**

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Review: Walking on Custard & The Meaning of Life Neil Hughes, review, Walking on Custard. about Neil Hughes. Hughes Guide for Anxious Humans blends

## **Walking on custard & the meaning of life |**

Walking on Custard & the Meaning of Life. 516 the comedy guide to life for anxious humans. review of Walking on Custard & the Meaning of Life by Neil Hughes

## **Interview with " guide for anxious humans" author**

Apr 26, 2015 Neil Hughes is the author of "Walking on Custard & the Meaning of Life: A Guide for Anxious Humans" I had the honor to ask him some easy and pleasant

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## **It s okay to need a little help - tiny buddha**

It s Okay to Need a Little Neil Hughes is an occasional comedian and full-time worrier, and also the author of Walking on Custard & the Meaning of Life

## **Sex, death, and static cling in berlin -or- the**

Neil Hughes wrote a book called Walking on Custard & The Meaning of Life: A Guide for Anxious Humans. and Static Cling in Berlin -or- The Story of My Life.

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He likens anxiety to attempting to walk on custard: Walking on Custard and the Meaning of Life: A Guide for Anxious Humans Illustrator. DETAILS. Neil Hughes

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About one hundred years ago poor Neil Hughes was kind enough to send me a copy of his book; Walking on Custard and the Meaning of Life lose our steady walking

### **My holiday reading list! | freedom, birdie!**

My Holiday Reading List! Walking on Custard & the Meaning of Life: A Guide for Anxious Humans by Neil Hughes. (she interviewed Neil here).

### **Walking on custard & the meaning of life**

A Guide for Anxious Humans Authored by Neil Hughes Cover design or artwork by Tom Humberstone Occasional

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Like most humans, Neil Hughes gets anxious. But he s no longer hiding and pretending that everything is okay. Instead, he s written a book about it.

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