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Suzanne Nottingham, an ECA presenter who has been credited with spearheading popular fitness programming trends including outdoor cross training, winter sport

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About f.t.n.w. | nordic walking

Carol Henry Prata is a Nordic Walking Carol was trained in Nordic Walking by Suzanne Nottingham, sports & fitness instructor and past director of North American

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Suzanne nottingham (author of fitness in line

Suzanne Nottingham is the author of Fitness In Line Skating (4.75 avg rating, 4 ratings, 0 reviews, published 1997) and Nordic Walking for Total Fitness

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