

**How I Gave Up My Low-Fat Diet And Lost 40 Pounds
(Revised And Expanded Edition) By Dana Carpender**

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About | dana's low carb for life!

Dana Carpender, author of nine Carpender wrote How I Gave Up My Low Fat Diet and Lost 40 Pounds, a revised, expanded edition of How I Gave Up My Low Fat Diet

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How i gave up my low fat diet and lost 40 pounds

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by Dana Carpender Dana Carpender

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