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EFT, Ptsd, Athletes, Practitioner, Watertown, Consultations, Chronic, Ayurvedic, Sports Performance, Gary Craig . Keywords Pie And EFT, emotional freedom

### **Gary craig | author biography - hay house**

He is the originator of Emotional Freedom Techniques (EFT). Gary is a Stanford engineering graduate, EFT for Sports Performance - Gary Craig

### **Cj puotinen - eft coach and trainer**

CJ Puotinen teaches EFT Enjoy improved sports performance, academic performance, EFT founder Gary Craig

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Gary Craig has been deeply interested in personal improvement through psychology from an early age. He is the originator of Emotional Freedom Techniques (EFT).

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sports performance; Gratitude also Karl Dawson who surfed EFT Gary Craig. I decided to validate my experiences this year with Marion Blique.

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Gary Craig has 34 books on Goodreads with 913 ratings. Gary Craig s most popular book is The EFT Manual.

### **The science behind eft, sports and performance**

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