

# **EFT For Sports Performance By Gary Craig**

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EFT, Ptsd, Athletes, Practitioner, Watertown, Consultations, Chronic, Ayurvedic, Sports Performance, Gary Craig . Keywords Pie And EFT, emotional freedom

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Gary Craig has been deeply interested in personal improvement through psychology from an early age. He is the originator of Emotional Freedom Techniques (EFT).

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the Emotional Freedom Techniques, Curing anxiety for improved performance in sports is a great example of Gary Craig, who introduced EFT to the

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EMOTIONAL FREEDOM TECHNIQUE. Founded by Gary Craig. EFT is used in the workplace, the home, Sean Grey Performance coach 93,

## **Cj puotinen - eft coach and trainer**

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sports performance; Gratitude also Karl Dawson who surfed EFT Gary Craig. I decided to validate my experiences this year with Marion Blique.

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Enhancing Sports Performance; Values Steve Wells is an international leadership coach and peak Along with advanced training in EFT with Gary Craig,

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Gold Standard EFT Gary Craig is not a licensed health professional and offers EFT and all other methods on this website as an ordained minister and as a

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EFT, Emotional Freedom Techniques, Gary Craig, expanded on Dr Sports Performance; Surrogate Tapping; Trauma and Stress; Weight Issues;

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